

2015 Memberships are due...re-new your current membership today. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Spectapulars, Center Line Dancers and more. Rates are on page 3.

•**COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.

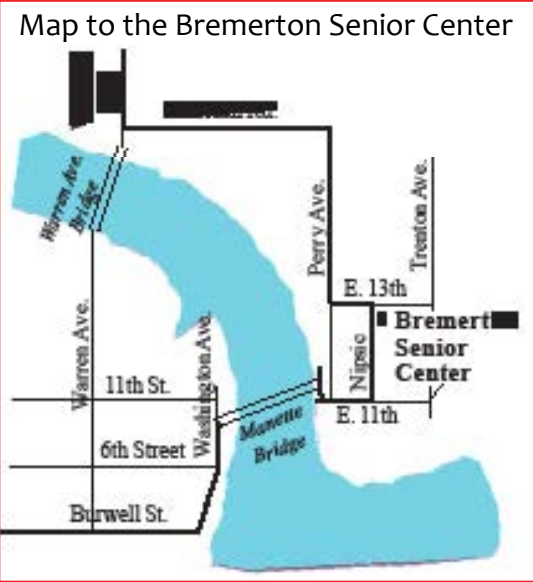
•**SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.

•**ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.



Bremerton Senior Center
1140 Nipsic Ave
Bremerton, WA 98310
www.ci.bremerton.wa.us
(360) 473-5357
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BREMERTON SENIOR CENTER

ACTIVE US NEWSLETTER

AUGUST-OCTOBER 2015



The “Active Us” is THE place to get your information for the Bremerton Senior Center.



BREMERTON SENIOR CENTER
1140 NIPSIC AVE.
BREMERTON, WA 98310
(360) 473-5357
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CENTER HOURS
MONDAY-FRIDAY 8 AM TO 3 PM

STAFF
Holly Peterson, Recreation Program Coordinator III
Barbara Roembke Receptionist
Marlys Price, Office Assistant/Membership

VOLUNTEER RECEPTIONISTS
Monday: Gail Dupee
Tuesday & Thursday: Mary Whittlesey
Wednesday: Berti Gann
Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3 & the back cover.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

Mission Statement:
The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$
Seniors Uncover Money Solutions

\$UM\$ is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

\$UM\$ Officers:

President: Pat Ward	Vice President: Marlys Price
Treasurer: Al Butler	Secretary: Audrey O'Leary

\$UM\$

CORNER

By now I am sure that our wonderful, hot summer has heated all your bones up and nobody is having anymore trouble with their arthritis and other miscellaneous joint problems. Don't we wish this to be true fellow members. It sure has produced some early, very beautiful flower and vegetable gardens.

Our June Burger Bash was a huge success. Paul did a great job BBQing those delicious burgers once again. Thanks to all the assisted living places who not only provided yummy salads, desserts and condiments but also helped to serve. In Holly's absence, Al Butler took over the mic and did a great job MCing Mary Scott's retirement party which was held in conjunction with the luncheon. Enjoy that retirement Mary, we will miss you!

Paul and Cathy Vlastelica once again chaired our June bake sale on June 1, 2 and 3rd. Babe Hoffman volunteered her time each day to help Cathy with sales. Thanks for such a great job Cathy, Paul and Babe. We have so many talented bakers at the center who donated their time and ovens to bake so many wonderful goods. I know this first hand as I certainly bought and ate my share.

We have a new and very friendly face in the office. If you haven't had a chance to greet her, step in and say "Hi" to Barb.

We have another fun luncheon on August 4th--Ice Cream Social. Don't forget to get your tickets soon.

Holly has been very busy planning exciting, fun trips for the rest of the year. If you are interested in any of trips be sure to get in on the fun as they fill very fast. We are all so lucky to have such an active and fun Senior Center.

If any of you members are sick, had surgery or just not feeling well--we wish you a speedy recovery so we can see you again soon.

Happy Trails, Marlys Price, VP SUMS

Happiness and kindness are choices--choose them everyday.

CO-ED REC MODIFIED SOFTBALL
SPRING/SUMMER SEASON @ LIONS PARK
FALL/WINTER SEASON @ OSSC
TUESDAYS AND FRIDAYS 10 AM-12 PM
Enjoy the great game of softball played by men and women. The emphasis is on having **fun** through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, **team** setting. Previous experience is recommended. Modified Softball is played indoors during the fall/winter at Olympic Indoor Soccer Center. (Ages 55 and up, senior center membership is required.)

DROP-IN WATERCOLORS/SKETCHING
TUESDAYS, 12:30-2:30 PM
This drop-in group will meet on a weekly basis with volunteer, Roberta Griffus as your guide. Use what you have from home and bring in your own work to complete or receive guidance on current watercolor projects, start a new watercolor project using different stills, no set course will be followed, so there will be no supply fee nor course materials provided. Some sharing of supplies may be available.

FOOTCARE
1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.
Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

CRIBBAGE
WEDNESDAYS, 10 AM
This classic game has been around since the 17th century. Great card game for 2-4 players.

WOODCARVERS
WEDNESDAYS, 12:30-2:30 PM
Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

PINOCHLE - NEW TIME/DAY!!
WEDNESDAYS, 12:00-2:30 PM
Pinochle is a trick-taking game typically for two to four player and played with a 48 card deck. Players score points by trick-taking and also by forming combinations of cards into melds. Each hand is played in three phases,: bidding, melds and tricks.

QUILTING CLASS
THURSDAYS, 9:30 AM-2:30 PM
Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

POOL TOURNAMENTS
8 BALL-1ST THURSDAYS -
SEPT 3, OCT 1, NOV 5 & DEC 3

9 BALL-3RD WEDNESDAYS -
SEPT 16, OCT 21, NOV 18 & DEC 16
9-BALL IS SPONSORED BY:

BREMERTON HEALTH & REHAB
360-377-3951

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! **King/Queen of the hill is played daily for \$3.**

TAKING CHARGE SERIES~
EATING DIABETIC FRIENDLY
TUESDAY, AUG 25TH, 11:30 AM
Presented by Crista Shores: Learn the basics of how to build your plate and a healthy way to enjoy carbs. Are you constantly asking yourself, "What can I eat?" It's time to stop worrying! Striving to eat more healthy or living with diabetes doesn't have to mean feeling deprived. We'll help you learn to balance your meals and make the healthiest food choices. Once you get the hang of eating a healthy diet, you can relax and dig in to a wide variety of delicious meals and snacks.

PSYCHOLOGY OF SPENDING
TUESDAY, SEPT 29TH, 11:30 AM
Presented by Kitsap Credit Union: This is a basic budgeting presentation that addresses basic budgeting and emphasizes how marketers try to trick you into making purchases you don't need. Understand some of your own emotional and psychological "triggers" that make you spend. This can all help you improve money management and decision making. What a great topic before the holiday spending season!!

GAMES

Pool: Monday-Friday, 8 AM-3 PM
Ping Pong: Tuesdays & Thursdays, 8-10:30 AM
Mah Jong: Tuesdays & Fridays, 9 AM-2 PM
Cribbage: Wednesdays, 10 AM
Canasta: Wednesdays, 9 AM
Bridge: Mondays & Thursdays, 9 AM
Rummikub: Thursdays, 10 AM-12 PM
Dominoes: Fridays, 10 AM-1 PM

COMPUTER LAB

DAILY, 8 AM-2:45 PM
Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

POOL

DAILY, 8 AM - 3 PM
Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

SUNSHINE SINGERS

MONDAYS, 10:30 AM-12:30 PM
Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

BREMERTON ART GUILD

MONDAYS, 10 AM-1 PM
Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

SENIOR OPEN ICE SKATE

MONDAYS & WEDNESDAYS, 11 AM- 12 PM
Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

AARP SAFE DRIVING PROGRAM

MONDAYS & TUESDAYS, 9 AM-1 PM
AUGUST 10-11 AND NOVEMBER 9-10
Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

CENTER LINE DANCERS

MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM
WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM
Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

BRIDGE

MONDAYS & THURSDAYS, 9 AM
Beginners to experienced Bridge players are welcome to play with this fun group.

BADMINTON

TUESDAYS & THURSDAYS, 8 AM
Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)
Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

SR WOMEN'S INDOOR SOCCER

TUESDAYS, 10-11 AM
This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

New Craft Vendor Applicatons accepted for Senior Craft Fair on Friday, September 11th at 9am. First come, first served. Open to vendors, 50 and above - hand-crafted items only.

MEMBERSHIP RENEWAL

Renew your 2015 Membership today! Dues run for the calendar year (January-December). Renewal rates are listed below.

RESIDENTS	NON-RESIDENTS
Single.....\$13/yr	Single.....\$26/yr
Couples.....\$20/yr	Couples.....\$40/yr
Associate.....\$19/yr	Associate.....\$38/yr

TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

Aug 25-Eating Diabetic Friendly
Sept 29-Psychology of Spending
11:30 AM, FREE
Main Room - Senior Center

MEAL ON WHEELS KITSAP - LUNCHESES

Thursdays @ Noon, \$3
Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

~DONATIONS~

We are still accepting the following donations.
Thank you for your generosity!
Regular coffee in 3# can
De-Caf coffee in 3# can
10 oz Foam hot/cold cups
Individually wrapped candy
Individual creamers -
(flavored and regular)

TABLE OF CONTENTS

\$UM\$ Corner & Things to Know.....	2
Luncheons.....	3
Trips and Tours.....	4
August Calendar.....	6
September Calendar.....	7
More Trips and Tours.....	8
Wellness & On-Going Programs.....	9
Daily Activities.....	10
Membership.....	12

SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

AUGUST 4, 11:30 AM ICE CREAM SOCIAL
Who likes Ice Cream? I know we do!! Let's have a fun Ice Cream social with different toppings, different flavors of ice cream, whipped cream and entertainment! What a great way to celebrate a great dessert - ICE CREAM!! Cost: \$5pp.

SEPT 1, 11:30 AM FALL LUNCHEON
Howdy y'all, come on down for our fun fall lunch and see your senior center friends while enjoying a chili cook-off. Vote for your favorite and see who takes home the golden ladle. Cost is \$5pp.

OCTOBER 27, 11:30 AM BOO PARTY
Tricks, treats and fun things to eat - this party has it all. Costume and pumpkin carving contests as well as donut bobbing! This menu will be a Halloween mystery right up until the end as well as the entertainment!! Cost is \$5pp.

DECEMBER 8, 11:30 AM HOLIDAY LUNCHEON
Traditional Holiday lunch will be served along with yummy pumpkin pie and whipped cream! Holiday Entertainment followed by a fast and furious white elephant gift exchange. Cost is \$5pp.

DECEMBER 7-9, 9 AM-2 PM HOLIDAY BAKE SALE
Our holiday bakers have been hard at work and are anxious to sell you all their delicious and tasty treats for only 3 days! Sale will be held during the Holiday Luncheon as well, however, come early for the best selection of fruit crisps, breads, cookies and brownies! YUMMY!!!!

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

GENERAL TRAVEL INFORMATION

FULL TRIPS: If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

REGISTRATION PROCESS: Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served.

REFUNDS: The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you can either leave a balance on your account or request a refund which can take 2-4 weeks to process. Refunds will not be given to any trip \$20 or less that you need to cancel. Cancellations for day trips are given **only** if a replacement to fill your spot is found. Cancellations for extended trips vary.

PARKING: Please contact the Senior Center office regarding the parking policy.

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

PAYMENTS: Full payment is due at the time of registration.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested. This is a great help to our drivers and we appreciate your willingness to lend a hand.

MOBILITY OF OUR PARTICIPANTS: Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. *If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.* Also, there are no restroom facilities on either van.

AUGUST

SAFECO FIELD TOUR
THURSDAY, AUGUST 6TH - COST \$24, R2
Safeco Field is the fabulous home of the Seattle Mariners. Guests are treated to a 19.59 acre outdoor baseball park with real grass and a retractable roof. Tour one of the premier baseball facilities ever built, including areas of the ball park that are not normally open to the public such as the press box, private suites, field dugouts and visitors club house. Lunch will be on your own at the Pyramid Brewery. Tour and transportation are included.

SEATTLE BY SEGWAY
THURSDAY, AUGUST 13TH - COST \$94, R2
The tour begins by exploring the Seattle waterfront, where we'll glide past the Aquarium, boat tour companies and a variety of restaurants. After maneuvering past the Washington State Ferry Terminal, we'll head up into Pioneer square. Next we'll head through the art district to Pike Place Market all the way to the Space Needle. After a quick break, we'll head downhill and explore the glory of Myrtle Edwards Park, which stretches down the north end of the Waterfront. After looking for seals and other sea life, we'll zip back over to our starting point, where you will be the envy of everyone there as they see you glide in on your Segway! Tour and transportation are included, however, lunch is on your own at a waterfront restaurant. (Max. 11)

MYSTERY OVERNIGHTER
TUESDAY, AUG 18TH-WEDNESDAY, AUG 19TH - COST \$134PP DBL OCC, \$164 SGL OCC, R2
We're going on a great mystery overnighiter. Hopefully this will be the first of many to come. We'll be traveling to a great (frequently requested) location, maybe bring your swimsuit and some sunscreen. Walking shoes or some sturdy footwear is suggested. Tour, transportation and overnight accommodations are included. Meals will be on your own (1 breakfast, 2 lunches, 1 dinner).

WELLNESS

TAKING CHARGE SERIES
A series of topics designed with you in mind! Each month will focus on a different topic - fitness, nutrition, aging, financial and more. Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as we anticipate these workshops filling up quickly.

Aug 25 @ 11:30 AM - Eating Diabetic Friendly
Sept 29 @ 11:30 AM - Psychology of Spending

Our Fitness and Dance classes are designed for seniors as well as adults who wish a not-so-fast pace!

TAP DANCE
TAP II - TUESDAYS, 10-11 AM
SESSIONS: AUG 4-SEPT 8 & SEPT 15-OCT 20
Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: \$36/6 weeks. Min. of 5.

PICKLEBALL - NEW!!
TUESDAYS & THURSDAYS, 9-11 AM
SESSIONS: JULY 6-AUG 14, SR CNTR COURTS
Have you heard of the new sport called Pickleball? Do you want to learn how to play or practice your skills? Pickleball can be played with 2 or 4 players. The game is played with a solid paddle and a whiffle ball. Pickleball is a cross between Tennis, Badminton, and Ping-Pong and it's the fastest growing sport and is played all over the world. Any level is welcome to play, paddles and balls will be on site to use. Participant's will need to sign an attendance and wavier signature sheet.

ON-GOING PROGRAMS

AEROBICS-FREE VIDEO
MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM
Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

TAI CHI - NEW DAY & TIME!!
WEDNESDAYS, JULY 29-SEPT 5
1:30 PM-2:30 PM, COST \$30
Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson.

2015 SHOE-INS!!
The Bremerton Senior Center Shoe-ins are at it again with fun, slightly vigorous walking treks. Sign up for as many as you'd like! All walks include transportation, are approximately 5 miles long (roundtrip) and have an R2 rating. Please dress appropriately for any weather condition, bring water and a sack lunch. If an ice cream shop is nearby, you can bet we will make a pit stop!

All walks are held on Fridays and they are only \$14 each.

Friday, July 24thFort Steilacoom, Tacoma
Friday, August 7thNisqually, Olympia
Friday, August 21stWapato Park, Tacoma
Friday, September 11thHurricane Ridge, Port Angeles
Friday, September 25thPenrose Point Park, Gig Harbor
Friday, October 9thChambers Creek, University Place



New Craft Vendor Applications accepted for Senior Craft Fair on Friday, September 11th at 9am. First come, first served. Open to vendors, 50 and above - hand-crafted items only.

NOVEMBER

FALL MYSTERY TRIP

TUESDAY, NOVEMBER 3RD - COST \$84, R2

We are going on a trip to a very mysterious place! You will have fun and are sure to make lots of memories! Dress comfortably for anything, wear appropriate shoes (this is an R2) and remember to come with an appetite!

CHIHULY GARDEN & GLASS AND GREEK HOUSE

TUESDAY, NOVEMBER 10TH - COST \$64, R1

Chihuly Garden and Glass provides a look at the inspiration and influences that form the career of artist Dale Chihuly. Located at the Seattle Center, Chihuly Garden and Glass includes an Exhibition Hall, the centerpiece Glasshouse and a lush Garden. The Exhibition hall contains 8 galleries and 3 Drawing Walls, offering you a comprehensive look at Chihuly's significant series of work; the Glasshouse presents a suspended 1,400 piece, 100-foot-long sculpture; and the Garden is a backdrop for four monumental sculptures and other installations. We will be dining at the wonderful Greek House Restaurant following our tour. Transportation, tour and lunch are all included in this wonderful day!

TASTING TRAIL

TUESDAY, NOVEMBER 17TH - COST, \$44, R2

Today we discover locally crafted food and drink on the road from Kingston to Port Townsend. We'll be stopping at Miracle Morsels, CB's Nuts, Finnriver Farm and Cidery, Mt. Townsend Creamery and the Chimacum Cafe for a late lunch. Transportation, tours and lunch are all included.

TRIP RATINGS:

R1: Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

R2: Board & depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30 to 45 min and handle limited stairs. Should be able to walk a mile in under 20 min.

DECEMBER

VICTORIAN COUNTRY CHRISTMAS

THURSDAY, DECEMBER 3RD - COST, \$19, R2

Join us for one of the largest holiday festivals on the West Coast. Picture several buildings filled with merchants and craftsmen in Victorian storefronts and indoor courtyards adorned with holiday florals, garlands and tassels. Lunch is on your own, admission and transportation are included.

ITEM HOUSE COAT FACTORY & LUNCH

FRIDAY, DECEMBER 4TH - COST, \$14, R2

We have been invited to a special seniors only private Dock Sale at Item House in Tacoma. Item House designs, manufactures and distributes quality, fashionable women's and men's coats and outerwear under the Kristen Blake, Trina Turk, George Simonton, Forecaster of Boson, Sachi, Metro. Following the sale, we will head to the Almond Roca Factory and then lunch on your own at Katie Down's along the Ruston Way Waterfront.

ARGOSY CHRISTMAS SHIP AND DINNER

THURSDAY, DECEMBER 10TH - COST, \$84, R2

The Argosy Cruises Christmas Ship festival is a holiday celebration that has been a Pacific NW tradition since 1949. Choirs onboard sing 20-minute performances to these communities, all broadcast via state-of-the-art speaker system. On shore, thousands of people gather around roaring bonfires anticipating the arrival of the Christmas Ship. Prior to boarding, we will enjoy a delicious sunset 4-course dinner at Anthony's Homeport located at the Des Moines Marina. Dinner, cruise and other transportation are included.

TULALIP CASINO

TUESDAY, DECEMBER 15TH - COST, \$16, R2

Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places or stay the day gaming or shopping - your choice. There is a complimentary shuttle to the outlet from the casino (where you will be dropped off.) Tulalip boasts a large non-smoking gaming section with hundreds of games to choose from. This is one of our favorites, that's for sure! The Eagles Buffet offers a mouth-watering selection of international dishes plus fresh seafood, a carving station of succulent meats and Mongolian grill. Don't forget to complete your dining experience with a decadent dessert or pastry made fresh in the Tulalip Bakery.

SEPTEMBER

PUYALLUP FAIR

TUESDAY, SEPTEMBER 15TH - COST \$19, R2

Puyallup Fair - THE FAIR!! The Fair continually ranks in the top ten largest fairs in the world. Situated south of Seattle and east of Tacoma in the shadow of majestic Mount Rainier. Rides, food and animals are just part of this fun day! Lunch is on your own.

SEATTLE ASIAN ART MUSEUM, VOLUNTEER PARK CONSERVATORY & LUNCH

TUESDAY, SEPTEMBER 22ND - COST \$24, R2

Located in Capitol Hill's Volunteer Park, the Seattle Asian Art Museum's historic art-modern building houses a world-renowned collection of Japanese, Chinese, Korean, Indian, Southeast Asian, and Himalayan art. The Seattle Asian Art Museum is part of the Seattle Art Museum, which collects and exhibits objects from across time and across cultures, exploring the dynamic connections between past and present. Volunteer Park Conservatory, located within walking distance of the Museum, is a very special place to the people of Seattle. Whether you're an accomplished horticulturist or you just like looking at flowers, there's something here for you. Following both tours, we will head to lunch at a local restaurant. Tour and transportation are included, however, lunch is on your own.

WASTE WATER TREATMENT PLANT & LUNCH

THURSDAY, SEPTEMBER 24TH - COST \$24, R2

Take a tour of the South Treatment Plant in Renton and find out where your water comes from and how it gets cleansed and filtered. Trip includes tour and transportation, however, lunch is on your own.



www.facebook.com/BremertonParks

New Craft Vendor Applications accepted for Senior Craft Fair on Friday, September 11th at 9am. First come, first served. Open to vendors, 50 and above - hand-crafted items only.

OCTOBER

LUCKY EAGLE CASINO

TUESDAY, OCTOBER 6TH - COST \$16, R1

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Coyote Moon, Rainbow Riches, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, 100 Wolves, Black Knight, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

WASHINGTON STATE HISTORY MUSEUM AND SHAKE, SHAKE, SHAKE

THURSDAY, OCTOBER 8TH - COST \$39, R2

The Washington State History Museum is where fascination and FUN come together! People of all ages can explore and be entertained in an environment where characters from Washington's past speak about their lives. Through interactive exhibits, theatrical storytelling, high-tech displays and dramatic artifacts, learn about our state's unique people and places, as well as their impact on the country and the world. Following our visit, we'll head to Shake, Shake, Shake for delicious old fashioned milk shakes, burgers and fries! Tour, transportation and lunch are included.

TACOMA DOME HOLIDAY FOOD & GIFT FEST

THURSDAY, OCTOBER 22ND - COST \$19, R2

Tacoma's largest holiday show and one of our favorites! Holiday shopping for arts & crafts, holiday gifts, decorations, jewelry & much more! With over 600 vendors you're sure to find something you love. Lunch is on your own at the show. Admission and transportation are included.

~FISH AND CHIP~
LUNCH CHALLENGE

THURSDAYS - COST \$24 EACH, R1
SEPT 17TH ~ NOV 19TH ~ DEC 17TH

The 2015 Fish & Chip Lunch Challenge is at the tail end of this fun journey! We only have two more stops before the winner is chosen! Sign up for as many as you can so you can really be the judge of "who has the best in our little corner of the NW". Your fish and chips, non-alcoholic beverage and transportation are included.

AUGUST CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 Ice Cream Social 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 TAKING CHARGE SERIES - EATING DIABETIC FRIENDLY 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance				* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

SEPTEMBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 11:30 FALL Luncheon 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
CLOSED LABOR DAY	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 9 New Vendor Applications Accepted for Craft Fair 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	9 Lo-Impact Aerobics 9 Canasta 9:30 9-ball pool tournament 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women’s Soccer *D 10-11 Int. Tap 12:30 Sketching	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong		* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

OCTOBER CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park			1 8 Badminton * 8-10:30 Ping Pong 9 Bridge 9:30 8-Ball pool tournament 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	2 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
5 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	6 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 12:30 Sketching	7 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	8 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	9 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
12 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	13 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 12:30 Sketching	14 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	15 CLOSED SR CRAFT FAIR PREP	16 CLOSED SR CRAFT FAIR At Sheridan Park Community Center Friday - 11AM-5PM Saturday - 9AM - 4PM
19 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	20 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 TAKING CHARGE WELLNESS TALK 12:30 Sketching	21 8 Pool 9 Lo-Impact Aerobics 9 Canasta 9:30 9-ball pool tournament 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	22 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	23 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
26 8 Pool 9 Bridge 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	27 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11:30 BOO PARTY LUNCHEON 12:30 Sketching	28 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12 Pinochle - NEW! 12:30 Woodcarvers 1:30 Tai Chi 5:30-8:30 Ping Pong	29 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 10-2 Quilting Class 10 Rummikub 12 Meals on Wheels Kitsap	30 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong

Proudly presented by the Bremerton Senior Center & \$eniors Uncover Money \$olutions

Senior Craft Fair

Friday, October 16
10 AM to 5 PM

Saturday, October 17
9 AM to 4 PM

Sheridan Park Community Center
680 Lebo Blvd., Bremerton

Hand-crafted items from over 90 local vendors. Food, fun, festive holiday music and free admission! Don't forget the annual \$UM\$ Bake Sale - these delightful treats are all hand made by a variety of Bremerton Senior Center members and are definitely something you don't want to miss! Raffle tickets available at the door for Senior Center donated gift baskets.



Jean Markovich & friend,
local vendor



\$UM\$ Sweet Shoppe Volunteers



Info line: 360-473-5357